

# Technogym

## Excite Live Run



Version	Live 10" 500	Live 10" 700	Live 10" 900
<b>End-user comfort and convenience</b>			
Console type	Live 10"		
Optimal View	Scientifically-certified display		
Fast Track Controls	No	Yes	Yes
Runner Detection System	Yes	Yes	Yes
Preventive Care Light	No	Yes	Yes
InMotion Safety Light	No	Yes	Yes
Swiftpad	Yes	Yes	Yes
Cooling fan	No	Yes	Yes
Integrated reading rack	Yes	Yes	Yes
Integrated tray	Yes	Yes	Yes
Optimal Stride	Yes	Yes	Yes
Wake-up Sensor	No	No	Yes
Increased running surface	Yes	Yes	Yes
Language selection before training	Yes	Yes	Yes
Languages available	24 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai, Chinese simplified, Welsh		
Goal-oriented display	Yes	Yes	Yes
<b>Structural specifications</b>			
Dimensions L x W x H*	1740 x 910 x 1580 mm (69" x 36" x 62")		
Equipment weight	160 kg (353 lbs)		
<b>Technical specifications and performance</b>			
Max user weight	220 kg (485 lbs)		
Speed range	0.8 - 22 km/h (0.5 - 13.7 mph) at 240 Vac 0.8 - 22 km/h (0.5 - 13.7 mph) at 120 Vac 0.8 - 20 km/h (0.5 - 12.4 mph) at 100 Vac	0.8 - 25 km/h (0.5 - 15.6 mph) at 240 Vac 0.8 - 22 km/h (0.5 - 13.7 mph) at 120 Vac 0.8 - 20 km/h (0.5 - 12.4 mph) at 100 Vac	
Incline range	0 - 15%	0 - 18%	0 - 18%
<b>HR monitoring</b>			
Hand Sensors	Yes	Yes	Yes
Telemetry	Yes	Yes	Yes
Bluetooth*	Yes	Yes	Yes
ANT+	No	No	Yes
<b>Training options</b>			
Goal-driven workouts	3 - Time / Calories / Distance		
Heart rate-driven workouts	3 - CPR-CHR / Training Zone / Weight Loss		
Preset profile workouts	6		
Create your own workout	Yes		
On-trend workouts	3 - Hi-Low Blocks / Hills / Cross Training	4 - Speed Shift / Hi-Low Blocks / Hills / Cross Training	
Goal-oriented Routines	4 - Legs Routine / Stamina Routine / Agility Routine / Lose Weight		
Submaximal tests	4 - Fitness Test / Single Stage / Multistage / Smart Test		
Maximal tests	9 - Technogym Maximal Test / Custom Maximal Test / Bruce / Bruce Modified / Naughton / Balke and Ware / Astrand Modified / Costill and Fox / Technogym Maximal Power Test		
Military tests (US Army)	8 - Gerkin Protocol / Air Force PRT / Navy PRT / Army PFT / Marine Corps PFT / Federal Law Enforcement PEB / IPPT / GTO		
MyRunning Logbook	Yes		
Quick Start	Yes		
<b>Personal assistant</b>			
Technogym Coach	Yes	Yes	Yes
<b>Connectivity</b>			
mywellness connectivity	Yes, through QR code		Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch
Wi-Fi*	Yes	Yes	Yes
ANT+ receiver	No	No	Yes
Apple / Samsung Watch compatibility	No	No	Yes
NFC / RFID Reader	No	No	Yes
Bluetooth* 5.0	No	No	Yes
<b>Electrical specifications</b>			
Power requirement	100-240 Vac ± 10% 50/60 Hz		
Motor peak power	8 HP		
<b>Utilities</b>			
Quick and easy access	Yes	Yes	Yes
Anterior wheels for easy transport	Yes	Yes	Yes
USB port	Yes	Yes	Yes
Customizable settings	Yes	Yes	Yes
Remote software update	Yes: with Asset Management		
<b>Certifications</b>			
UL certificate	Yes	Yes	Yes
CE Mark	Yes	Yes	Yes
EAC Mark	Yes	Yes	Yes

\*Length x Width x Height while working on the equipment

Version	Live 19" 5000	Live 19" 7000	Live 19" 9000
<b>End-user comfort and convenience</b>			
Console type	Live 19"		
Optimal View	Scientifically-certified display		
Fast Track Controls	No	Yes	Yes
Runner Detection System	Yes	Yes	Yes
Preventive Care Light	No	Yes	Yes
InMotion Safety Light	No	Yes	Yes
Soft-touch handlebar	No	Yes	Yes
Swiftpad	Yes	Yes	Yes
Cooling fan	No	Yes	Yes
Integrated reading rack	Yes	Yes	Yes
Integrated tray	Yes	Yes	Yes
Optimal Stride	Yes	Yes	Yes
Wake-up Sensor	No	Yes	Yes
Universal Wireless Charger	No	No	Yes
Increased running surface	Yes	Yes	Yes
Language selection before training	Yes	Yes	Yes
Languages available	24 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai, Chinese simplified, Welsh		
Goal-oriented display	Yes	Yes	Yes
<b>Structural specifications</b>			
Dimensions L x W x H*	1740 x 910 x 1580 mm (69" x 36" x 62")		
Equipment weight	160 kg (353 lbs)		
<b>Technical specifications and performance</b>			
Max user weight	220 kg (485 lbs)		
Speed range	0.8 - 22 km/h (0.5 - 13.7 mph) at 240 Vac 0.8 - 22 km/h (0.5 - 13.7 mph) at 120 Vac 0.8 - 20 km/h (0.5 - 12.4 mph) at 100 Vac	0.8 - 25 km/h (0.5 - 15.6 mph) at 240 Vac 0.8 - 22 km/h (0.5 - 13.7 mph) at 120 Vac 0.8 - 20 km/h (0.5 - 12.4 mph) at 100 Vac	
Incline range	0 - 15%	0 - 18%	0 - 18%
<b>HR monitoring</b>			
Hand Sensors	Yes	Yes	Yes
Telemetry	Yes	Yes	Yes
Bluetooth®	Yes	Yes	Yes
ANT+	Yes	Yes	Yes
<b>Recurring programs</b>			
Technogym Sessions	Free sample - 3 full Sessions if the product is either offline or online		
<b>Training options</b>			
Goal-driven workouts	3 - Time / Calories / Distance		
Heart rate-driven workouts	3 - CPR-CHR / Training Zone / Weight Loss		
Preset profile workouts	6		
Create your own workout	Yes		
On-trend workouts	3 - Hi-Low Blocks / Hills / Cross Training	4 - Speed Shift / Hi-Low Blocks / Hills / Cross Training	
Goal-oriented Routines	4 - Legs Routine / Stamina Routine / Agility Routine / Lose Weight		
Submaximal tests	4 - Fitness Test / Single Stage / Multistage / Smart Test		
Maximal tests	9 - Technogym Maximal Test / Custom Maximal Test / Bruce / Bruce Modified / Naughton / Balke and Ware / Astrand Modified / Costill and Fox / Technogym Maximal Power Test		
Military tests (US Army)	8 - Gerkin Protocol / Air Force PRT / Navy PRT / Army PFT / Marine Corps PFT / Federal Law Enforcement PEB / IPPT / GTO		
MyRunning Logbook	Yes		
Quick Start	Yes		
<b>Exergaming</b>			
Real-time Races	Yes, up to 99 participants		
Marathons	Yes, Rome and New York		
Outdoors	Free sample - 3 x 15-minute routes if the product is offline; 9 x 30-minute routes if the product is online		
<b>Biofeedback</b>			
Running Power	No	No	Yes
Running Cadence	No	No	Yes
<b>Personal assistant</b>			
Technogym Coach	Yes	Yes	Yes
<b>Connectivity</b>			
mywellness connectivity	Yes, through Key Reader, Bluetooth®, QR Code, NFC		Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch
Wi-Fi®	Yes	Yes	Yes
ANT+ receiver	No	No	Yes
Apple / Samsung Watch compatibility	No	No	Yes
NFC / RFID Reader	Yes	Yes	Yes
Bluetooth® 5.0	Yes	Yes	Yes
<b>Entertainment</b>			
TV	Yes	Yes	Yes
Apps	Yes	Yes	Yes
Internet browsing	Yes	Yes	Yes
<b>Electrical specifications</b>			
Power requirement	100-240 Vac ± 10% 50/60 Hz		
Motor peak power	8 HP		
<b>Utilities</b>			
Quick and easy access	Yes	Yes	Yes
Anterior wheels for easy transport	Yes	Yes	Yes
USB port	Yes	Yes	Yes
Customizable settings	Yes	Yes	Yes
Remote software update	Yes: with Asset Management		
<b>Certifications</b>			
UL certificate	Yes	Yes	Yes
CE Mark	Yes	Yes	Yes
EAC Mark	Yes	Yes	Yes

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