

Technogym

Excite Live Recline



| Version | Live 10" 500 | Live 10" 700 | Live 10" 900 | Live 10" 500 HP | Live 10" 700 HP |
|---|---|--------------|---|----------------------------------|-----------------|
| End-user comfort and convenience | | | | | |
| Console type | Live 10" | | | | |
| Human Powered Technology | No | No | No | Yes | Yes |
| Optimal View | Scientifically-certified display | | | | |
| Wide walk-through design | Yes | Yes | Yes | Yes | Yes |
| Adjustable backrest | No | No | No | No | No |
| Fast Track Controls | No | Yes | Yes | No | Yes |
| Q factor | 170 mm (6.7") | | | | |
| Soft-touch handles | Yes | Yes | Yes | Yes | Yes |
| Integrated reading rack | Yes | Yes | Yes | Yes | Yes |
| Integrated tray | Yes | Yes | Yes | Yes | Yes |
| Wake-up Sensor | No | No | Yes | No | No |
| Smart pedals | No | Yes | Yes | No | Yes |
| Language selection before training | Yes | Yes | Yes | Yes | Yes |
| Languages available | 24 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai, Chinese simplified, Welsh | | | | |
| Goal-oriented display | Yes | Yes | Yes | Yes | Yes |
| Structural specifications | | | | | |
| Dimensions L x W x H* | 1640 x 600 x 1320 mm (65" x 24" x 52") | | | | |
| Equipment weight | 80 kg (176 lbs) | | | | |
| Technical specifications and performance | | | | | |
| Max user weight | 220 kg (485 lbs) | | | | |
| Min - max user height | 140 - 205 cm (4' 6" - 6' 7") | | | | |
| Step-up height | 120 mm (4.7") | | | | |
| Max resistance at 160 RPM | 600 watts | | | | |
| HR monitoring | | | | | |
| Hand Sensors | Yes | Yes | Yes | Yes | Yes |
| Telemetry | Yes | Yes | Yes | Yes | Yes |
| Bluetooth® | Yes | Yes | Yes | Yes | Yes |
| ANT+ | No | No | Yes | No | No |
| Training options | | | | | |
| Goal-driven workouts | 3 - Time / Calories / Distance | | | | |
| Heart rate-driven workouts | 3 - CPR-CHR / Training Zone / Weight Loss | | | | |
| Preset profile workouts | 6 | | | | |
| Create your own workout | Yes | | | | |
| On-trend workouts | 4 - Hi-Low Blocks / Hills / Burnout / Cross Training | | | | |
| Goal-oriented Routines | 3 - Legs Routine / Stamina Routine / Lose Weight | | | | |
| Submaximal tests | 4 - Fitness Test / Smart Test / Borg15 / Fit Test | | | | |
| Military tests (US Army) | 2 - Air Force PRT / Navy PRT | | | | |
| Quick Start | Yes | | | | |
| Personal assistant | | | | | |
| Technogym Coach | Yes | Yes | Yes | Yes | Yes |
| Connectivity | | | | | |
| mywellness connectivity | Yes, through QR code | | Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch | Yes, through QR code | |
| Wi-Fi® | Yes | Yes | Yes | Yes | Yes |
| ANT+ receiver | No | No | Yes | No | No |
| Apple / Samsung Watch compatibility | No | No | Yes | No | No |
| NFC / RFID Reader | No | No | Yes | No | No |
| Bluetooth® 5.0 | No | No | Yes | No | No |
| Electrical specifications | | | | | |
| Power requirement | 100-240 Vac ± 10% 50/60 Hz | | | No power required. No batteries. | |
| Utilities | | | | | |
| Quick and easy access | Yes | Yes | Yes | Yes | Yes |
| Anterior wheels for easy transport | Yes | Yes | Yes | Yes | Yes |
| USB port | Yes | Yes | Yes | Yes | Yes |
| Customizable settings | Yes | Yes | Yes | Yes | Yes |
| Remote software update | Yes: with Asset Management | | | | |
| Certifications | | | | | |
| UL certificate | Yes | Yes | Yes | Yes | Yes |
| CE Mark | Yes | Yes | Yes | Yes | Yes |
| EAC Mark | Yes | Yes | Yes | Yes | Yes |

*Length x Width x Height while working on the equipment



| Version | Live 16" 5000 | Live 16" 7000 | Live 16" 9000 |
|---|---|---------------|---|
| End-user comfort and convenience | | | |
| Console type | Live 16" | | |
| Optimal View | Scientifically-certified display | | |
| Wide walk-through design | Yes | Yes | Yes |
| Adjustable backrest | Yes | Yes | Yes |
| Fast Track Controls | No | Yes | Yes |
| Q factor | 170 mm (6.7") | | |
| Soft-touch handles | Yes | Yes | Yes |
| Integrated reading rack | Yes | Yes | Yes |
| Integrated tray | Yes | Yes | Yes |
| Integrated tray with Universal Wireless Charger | No | No | Yes |
| Wake-up Sensor | No | Yes | Yes |
| Smart pedals | No | Yes | Yes |
| Language selection before training | Yes | Yes | Yes |
| Languages available | 24 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai, Chinese simplified, Welsh | | |
| Goal-oriented display | Yes | Yes | Yes |
| Structural specifications | | | |
| Dimensions L x W x H* | 1640 x 600 x 1320 mm (65" x 24" x 52") | | |
| Equipment weight | 80 kg (176 lbs) | | |
| Technical specifications and performance | | | |
| Max user weight | 220 kg (485 lbs) | | |
| Min - max user height | 140 - 205 cm (4' 6" - 6' 7") | | |
| Step-up height | 120 mm (4.7") | | |
| Max resistance at 160 RPM | 600 watts | | |
| HR monitoring | | | |
| Hand Sensors | Yes | Yes | Yes |
| Telemetry | Yes | Yes | Yes |
| Bluetooth® | Yes | Yes | Yes |
| ANT+ | Yes | Yes | Yes |
| Recurring programs | | | |
| Technogym Sessions | Free sample - 3 full Sessions if the product is either offline or online | | |
| Training options | | | |
| Goal-driven workouts | 3 - Time / Calories / Distance | | |
| Heart rate-driven workouts | 3 - CPR-CHR / Training Zone / Weight Loss | | |
| Preset profile workouts | 6 | | |
| Create your own workout | Yes | | |
| On-trend workouts | 4 - Hi-Low Blocks / Hills / Burnout / Cross Training | | |
| Goal-oriented Routines | 3 - Legs Routine / Stamina Routine / Lose Weight | | |
| Submaximal tests | 4 - Fitness Test / Smart Test / Borg15 / Fit Test | | |
| Military tests (US Army) | 2 - Air Force PRT / Navy PRT | | |
| Quick Start | Yes | | |
| Exergaming | | | |
| Outdoors | Free sample - 3 x 15-minute routes if the product is offline; 9 x 30-minute routes if the product is online | | |
| Personal assistant | | | |
| Technogym Coach | Yes | Yes | Yes |
| Connectivity | | | |
| mywellness connectivity | Yes, through Key Reader, Bluetooth®, QR code, NFC | | Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch |
| Wi-Fi® | Yes | Yes | Yes |
| ANT+ receiver | No | No | Yes |
| Apple / Samsung Watch compatibility | No | No | Yes |
| NFC / RFID Reader | Yes | Yes | Yes |
| Bluetooth® 5.0 | Yes | Yes | Yes |
| Entertainment | | | |
| TV | Yes | Yes | Yes |
| Apps | Yes | Yes | Yes |
| Internet browsing | Yes | Yes | Yes |
| Electrical specifications | | | |
| Power requirement | 100-240 Vac ± 10% 50/60 Hz | | |
| Utilities | | | |
| Quick and easy access | Yes | Yes | Yes |
| Anterior wheels for easy transport | Yes | Yes | Yes |
| USB port | Yes | Yes | Yes |
| Customizable settings | Yes | Yes | Yes |
| Remote software update | Yes: with Asset Management | | |
| Certifications | | | |
| UL certificate | Yes | Yes | Yes |
| CE Mark | Yes | Yes | Yes |
| EAC Mark | Yes | Yes | Yes |

*Length x Width x Height while working on the equipment