



Norheart Nature Masterclass 2018 - An Interactive Workshop

SCANDIC HOTEL, STIKLESTAD

JUNE 11-12 2018



NORHEART
THE NORWEGIAN PHD SCHOOL OF HEART RESEARCH

Program and time schedule

MONDAY JUNE 11th 2018

- 09:00-10:00..... Bus to Scandic Hotel Stiklestad, from Trondheim Airport Værnes
10:00-10:15..... Morning snacks
10:15-18:00..... Nature Masterclass, all
13:00-14:00..... Lunch
16:45-17:00..... Afternoon snacks
19:00-22:00..... Dinner, Viking-style at Langhuset

TUESDAY JUNE 12th 2018

- 07:00-08:30..... Breakfast
08:30-10:30..... Nature Masterclass abstract review, Group 1
08:30-10:30..... Scientific Speed Dating and Networking, Group 2
10:30-10:45..... Morning snacks
10:45-12:45..... Nature Masterclass abstract review, Group 2
10:45-12:45..... Scientific Speed Dating and Networking, Group 1
12:45-13:00..... Nature Masterclass Discussion and Feedback, all
13:00-14:00..... Lunch
14:00-15:30..... Guided (English) tour at Stiklestad
15:30-16:00..... Afternoon snacks
16:00-17:00..... Bus from Scandic Hotel Stiklestad, to Trondheim Airport Værnes

SCIENTIFIC SPEED DATING AND NETWORKING

Tuesday June 12th 2018

08:30-10:30 - Group 2

10:45-12:45 - Group 1

This is a facilitated, informal and high-energy social-scientific activity to get to know your fellow NORHEART researchers and to expand your academic horizon. Present your elevator-pitch within five minutes to your partner, switch, and when the bell rings, we switch pairs. Present your research, your institution and your supervisors/mentors. The partner should be an active listener and ask questions.

Goal: Improve elevator-pitch and networking skills.

Preparation: Your elevator-pitch should be based on one of your current projects or scientific abstracts, for instance your abstract to the CHFR/NORHEART Symposium in Oslo 2017 or 2018.

GENERAL INFORMATION

The hotel, bus and course are covered by NORHEART. Drinks are at your own expense. Travel reimbursements will be handled by Almira Hasic (almira.hasic@medisin.uio.no) after the course, please keep all receipts. Hotel rooms have been booked for everyone from Monday-Tuesday. Please check into your rooms during lunch break Monday and check out after breakfast Tuesday. Course certificates will be provided by NORHEART after the course.

Organizers and contact persons, NORHEART



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Detailed program

NATURE MASTERCLASS

11-12TH OF JUNE 2018
STIKLESTAD, NORWAY

By the end of the course, you should understand:

- How to get the most out of the writing process for reviews and original research articles
- Editorial processes for reviews and research articles and how to work with them
- What it takes to get research and review articles published in top-ranked journals

Day 1

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| 10:15 | Welcome and Introductions – 15 min |
| 10:30 | What Makes a Great Paper? – 45 min Example of what top tier journal editors look for in a review and a research manuscript Practical exercise: You're the Editor – 15 min |
| 11:30-12:00 | Elements of Writing Style – 30 min The golden rules of writing and structuring the text in your paper |
| 12:00-12:15 | Break |
| 12:15 | Titles and Abstracts – 30 min How to create an engaging and brief Title and Abstract Practical exercise: Writing a Title – 15 min |
| 13:00 | Lunch |
| 14:00 | Writing a Review – 45 min An overview of what makes an outstanding review paper |
| 14:45 | Submitting your Paper – 30 min Submission procedures, making a case to editors, and tips on structuring and writing a good cover letter. Practical exercise: Pitching your Research – 45 min |
| 16:00 | The Editorial Process and Peer Review – 45 min What happens to papers once they've been submitted, and a crash course in peer review |
| 16:45-17:00 | Break |
| 17:00 | Practical Exercise: Assessing Referee Reports – 45 min |
| 17:45 | Q&A Session with the Editors |
| 18:00 | End of Day |

Day 2

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|-------------|---|
| 08:30-13:00 | Practical Exercise: Abstract and Title Review Participants must bring in a recent, unpublished abstract (original research or review abstract) which they will review one-to-one with the editors to get expert feedback on their work. |
| 08:30-10:30 | Group 1: (approx. 10-15 participants) |
| 10:45-12:45 | Group 2: (approx. 10-15 participants) |
| 10:30-10:45 | Break |
| 12:45-13:00 | Discussion & feedback |
| 13:00 | Lunch |

The group which who is not doing Abstract and Title Review will do Scientific Speed Dating and Networking, organized by NORHEART.

Preparation: Bring two printed copies of one recent, unpublished abstract (original research or review abstract) that you want to get feedback on from the editors.

About Stiklestad

Stiklestad has for a thousand years had a unique position in Norwegian history. The place first entered the history books as the site of the battlefield where the Viking king Olav Haraldsson was killed on 29 July 1030. Olav Haraldsson was recognized as a Christian martyr. The following year, on 3 August 1031, he was canonized and from that day he was known as Olav the Holy or St. Olav. As a result of the battle and Olav's sainthood, Stiklestad has had a strong symbolic function in Christianity, for the monarchy and the Norwegian society and culture.

Today, Stiklestad is a national symbol, a monument, a sacred site and a museum. Stiklestad National Culture Centre was established by a Parliament decree in 1995 with the primary purpose of conveying the dimensions of the St. Olav heritage.

During the NORHEART Nature Masterclass 2018 we will stay at the historical place Stiklestad and we will have our Monday evening dinner Viking-style at Langhuset (The Long House).

